St John’s Grammar Junior School

JUNIOR SPORTS

Information regarding the participation of Curricular Sport at Grammar Junior

SCHOOL POLICY

regarding the children in Extra St John’s School.


To be revised: 2007
A

RATIONALE OF SPORT AT ST JOHN’S GRAMMAR SCHOOL

- Sport is an activity requiring physical exertion and skill, which by nature of its organisation is competitive, and which is governed by formal rules.
- As a school, we should provide each child with the opportunity to participate in sport regardless of ability.
- Participation in sport is voluntary but strongly encouraged.
- Extra-curricular sport should complement the Physical Education Programme.
- The special needs of all children should be recognised and addressed.
- Where possible children should be able to participate in sport regardless of gender.

B

THE AIMS AND OBJECTIVES OF SPORT AT ST JOHN’S GRAMMAR SCHOOL

School sport should provide: participation, enjoyment and playing competence.

We aim:

- To foster a sense of personal achievement and satisfaction gained from the performance of motor skills.
- To encourage positive social interaction, team work and fair play.
- To provide a basis for physical fitness, health and a feeling of well being.
- To develop some understanding and appreciation of sport and recreation now and in the future.
- To develop an ability to apply appropriate rules and strategies.

We believe that each child should:
• Participate in sport.
• Participate at a level appropriate with their maturity and ability.
• Be provided with adult leadership of high quality.
• Play as a child not as a “little adult”
• Share in leadership and decision making responsibilities within their teams.
• Participate in safe and healthy environments.
• Have appropriate physical and positive psychological preparation in their sport.
• Have equal opportunity to strive for success.
• Be treated fairly and with dignity.
• Enjoy their sport.

C

BELIEF STATEMENT ON COMPETITIVE INVOLVEMENT IN SPORT AT ST JOHN’S GRAMMAR SCHOOL.

We believe:
• The focus of all junior sporting activities should be enjoyable and successful participation.
• Physical activities and sports help to develop self-confidence as well as cooperative skills.
• There are identifiable stages of development, progressing from general physical activities to specific sport skills.
• Juniors differ in their ability to acquire skills and move through the various stages of development.
• Games should be modified so that the level of skills required are appropriate to the development of the participants.
• Rules used in schools and the community should be congruent.
• Sport involves competition. However, junior sport should differ from that experienced by adults and be free from undue adult pressures and demands.
At St John’s Grammar School, sporting activities are offered from Years 3 – 6. Basketball will only be offered as a practice only session for Year 3’s. Football is also offered to Year 2 students as the students compete in a Year 2/3 competition.

We endorse the Junior Sports Development model in the ‘National Junior Sports Policy’ (1997). This policy is currently being updated.

D

ADMINISTRATIVE POLICY ON COMPETITIVE SPORT
AT ST JOHN’S GRAMMAR SCHOOL

All sport at the Junior School is overseen by the Head of Junior School Sport. There is a separate Teacher in Charge of Sport for Netball who will liaise with the Head of Junior School Sport.

The Head of Junior School Sport will:

• Actively encourage all facets of sporting participation, both competitive and recreational.
• Support all coaches
• Ensure that each team adheres to this policy

At the beginning of each year the Head of Junior School Sport and the Deputy Head of the Junior School will appoint and/ or allocate staff to coaches or supervisors to one semester/ season of responsibility. The remaining positions will be filled by interested and appropriate parents or old scholars.

The Head of Junior School Sport will meet with all coaches and supervisors at the start of each season.

Supervision

The school will provide a staff member at all sporting fixtures where possible, if a staff member is not the team coach. The team coach will be responsible for the basic organisation of the safety and well being of children in their care.

Transport
The normal means of transport will be private and that it is the parents' direct responsibility to deliver and collect their children from practices and matches. Any alternative arrangements are the responsibility of the parents concerned.

Uniforms

The school's sport colours are blue, maroon & gold. In most cases, the school Physical Education uniform will be worn. The appropriate clothing/uniform for soccer, hockey, basketball, and cricket must be purchased by the parents.

Sporting Achievements

Individual sporting achievements will be recognised at all levels. Outstanding sporting achievement will be recognised on the Sports Honour Board.

THE SELECTION OF TEAMS FOR COMPETITIVE SPORT AT ST JOHN’S GRAMMAR SCHOOL

Any queries regarding extra-curricular sport should be directed to the Head of Junior School Sport.

- Weekly team management will be the responsibility of the Coach/Manager.
- Teams will only consist of children attending St John’s. Special exemption from this will be only given by the Principal.
- Team selections will be carried out by the Head of Junior School Sport.
- All children who nominate will participate in the sport of their choice.
- Children will be rostered and rotated if there are more children than required and insufficient for another team.
- In the event of more than one team in the same sport in the same year level being nominated, there will be an even spread of abilities. Only in exceptional circumstances will teams be nominated in a Division A and a Division B format. The decision on such circumstances will be decided by the Head of Junior School Sport and the Deputy Head of the Junior School.
- Children can nominate for more than one sport per team as long as it doesn’t interfere with other activities.
- All children must submit a nomination form signed by their parents before they are permitted to participate.
- All nominations are valid for the entire season of that sport for that year. That is, children must commit to that team for the whole year.
SAPSASA INVOLVEMENT

St John’s Grammar School is a member of the Southern Heights SAPSASA Region and takes part in many of the activities offered by this group. This is designed for the elite in each sport to get the opportunity to be extended. To qualify for district or SAPSASA selection, those students must play that sport for St John’s Grammar School.

F SELECTION OF TEAM OFFICIALS

Prior to the commencement of the season, a nomination form will be sent home with every child who is eligible to play sport. On this form, parents can nominate for the positions of Coach, Team Manager, Scorer or First Aid Person.

Appointments will be made by the Head of Junior School Sport. All parent or old scholars will be required to complete a volunteers form. The following are considered for each of the positions:

Coaches

• It is preferred that coaches have a recognised qualification and have experience in their recognised sport
• Coaching courses to be provided for parents or old scholars wishing to update their qualifications.

Team Managers and Scorers

• Any person who nominates and can be present each week.
First Aid Person

• Any person who nominates and can be present each week.
• Preference given to those suitably qualified.
• Training programmes to be provided for parents or old scholars wishing to update their qualifications.

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RESPONSIBILITIES OF THE HEAD OF JUNIOR SCHOOL SPORT

The Head of Junior School Sport is responsible for overseeing and promoting the conduct of all sport.

• He/She is responsible to the Head of Junior School for financial management of sport in the school.
• Liaise with the Deputy Head of the Junior School in regard to the appointment of coaches supervisors with a mind to share the responsibilities equitably.
• To produce and distribute the staff and student sporting nomination forms for the following year.
• To collate all of the nomination forms and produce a list of students in particular sports and seasons.
• To liaise with the Teacher in Charge of Netball in the allocation of teams for the current season.
• To locate and allocate parental and/or old scholars.
• To organise and conduct a Coaches Information Night to inform them of their roles and responsibilities.
• To ensure all teams are nominated in the particular associations and competitions.
• To locate and ensure that the sports have umpires and/or referees.
• To ensure all teams in all sports have suitable and satisfactory equipment and distribute this to the coaches.
• To be responsible for the general maintenance, storage and ordering of required equipment.
• To liaise with the Senior School Sport Coordinator and facility managers in the preparation of venue rosters to ensure the efficient use of facilities.
• To liaise with school grounds staff in regard to the upkeep and marking out of the utilised facilities.
• To attend all associated meetings in regard to organising school sport ie SAPSASA, Southern Districts Soccer Association, Belair-St John’s Football, ISSA, ISHAA, Southern Districts Softball
Association.
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Hilities of the Teacher in Charge of Sport, Netball

- Must attend Southern Area Junior Netball Association monthly meetings
- Place girls from Year 3 – 7 into teams with the assistance of the Head of Junior School Sport
- Liaise with teachers/coaches re practice nights
- Liaise with the Senior School Teacher in Charge of Netball re Year 7 girls playing in the SAJNA competition.
- Organise umpires from the Senior School
- Liaise with the Senior School Teacher in charge of Netball to organise times to meet with umpires and provide their roster of playing times and venues.
- Order umpiring books for new umpires
- Put together kits for coaches including bibs, first aid kit, whistles, score cards, playing roster and balls.
  - Attend programming night to organise teams
  - Write up rosters for teams including time, venue and address.
  - Put together playing schedule, medical form, player and parent good sports sheets for teams.
  - Organise umpire coaching clinic (if required)
  - Organise coaching clinic (if required)
  - Organise for girls to be in cheer squad at ETSA Park match.
  - Collect and send score cards in to the Recording Officer from SANJA every week.
  - Ensure players, coaches and umpires are enjoying the season.
  - Organise end of season break up:
    - Ribbon and certificate for players
    - Sausage sizzle, drinks, tea/coffee, cakes
    - Raffle
  - Collect balls, bibs, timers, whistles and balls from coaches after the season
  - Organise payment for umpires.
RESPONSIBILITIES OF THE TEACHING STAFF

In accordance with school policy staff will attend matches and practices as follows:

• As a coach or supervisor, each member of staff will be expected to have involvement for two terms. Whilst there is no compulsion for teachers to coach, those who have experience and expertise in a certain area will be encouraged to coach. All staff are encouraged to coach and will be supported by the school if they wish to increase their qualifications.

The role of the staff representative is:
• To attend practice and matches.
• Observe children’s behaviour, be responsible for safety (duty of care) and liaise with the Head of Junior School Sport.
• Support the coach.
• Promote this policy.

Ideally the staff representative would attend both the practice and the match. Teachers will nominate or negotiate with the Head of Junior School Sport when choosing their sporting involvement.
RESPONSIBILITIES OF TEAM OFFICIALS AND PARENTS

Training

• The Head of Junior School Sport will negotiate with coaches and notify all parents of the training schedule.
• Training sessions after school will run from 3.45pm until 4.45pm which allows children to travel home before dark.
• Toilet facilities will be available to all teams at training.
• Practices will be held at the Belair National Park, Junior School Campus or the Senior School Campus. A shuttle bus is available for transport to the Senior Campus.
• Children are to be supervised at all times at training and at matches.

Weather Policies

Hot Weather – Please see attachment in regard to Hot Weather Policy.

Wet Weather – The Head of Junior School Sport will make the decision for practices to be cancelled at 2.30pm on that day and will notify the front office, coaches and students. Students are to ring home if required to organise alternate arrangements. Students are to go to after school care if alternate arrangements can not be made.

Equipment

• All purchasing is to be made by the Head of Junior School Sport or the Teacher in Charge of Sport.
• All damaged equipment should be reported to the Head of Junior School Sport.
• Children must use all Safety and Protective Equipment provided by the school.
Supervision

- Parents should assist by ensuring that children are delivered and collected punctually from both training and matches.
- An uncollected child will not be left unattended. If no suitable arrangement can be made during training, the coach or staff member will transport the child back to After School Care at St John’s and contact the parent by telephone.
- Managers and coaches are responsible for the conduct of their children in their care as well as the care of the property at which matches are held.
- Any child who displays unacceptable behaviour can be admonished and/or excluded from playing a particular game at the discretion of the coach or team manager in consultation with the Head of Junior School Sport. This must be then reported to the Deputy Head of the Junior School.

Safety

- The Head of Junior School Sport will provide and ensure that each team has an appropriate first aid kit for both training and matches. First Aid kits will be issued to porting teams for the duration of the season. Team managers or coaches should advise the Head of Junior School Sport when kits need replenishing.
- Students are covered under the school insurance policy as long it is a school activity.
- Protective equipment will be supplied to the appropriate sports, however mouthguards, shin pads and other personal protective equipment is the responsibility of the parents to provide.
- Any accidents must be reported to the Front Office and an accident incident form completed.

Medical Consent Indemnity and Care

- All children playing sport must have a consent form, authorised by their parents, before participating in any extra curricula sport.
- A coach has the right to ask any parent to attend each match/practice due to medical considerations.
- Medical Considerations – Some children have medical conditions that may affect their participation in physical activity. Particular care should be taken in the case of long term conditions (eg. Asthma, diabetes, epilepsy, etc.) Coaches
should be aware of each child’s specific needs and also know how to deal with an emergency. All medical forms will be kept by coaches at practices and matches.

The school endorses the ‘Safety Guidelines’ outlined in the ‘National Junior Sports Policy’. (See attached)

Due care must be taken in the event of an injury involving bleeding. Gloves must be worn when treating bleeding wounds.

K

CODE OF BEHAVIOUR IN COMPETITIVE SPORT

St John’s Grammar School has adopted the guidelines laid down by the Independent Schools Sports Association.

The following guidelines assist schools, teachers, coaches, students and parents to get the maximum educational and social benefit from sport.

1. Each individual should give a reasonable time each week to training in order to maintain a balance with time allocated to study, religious activities, home duties, cultural enjoyment and social activities.

2. All of the courtesies should be observed. Teams should be punctual; the coach and captain of the home team should receive the visiting team members courteously and show them the changerooms if required; there should be early notification of the inability to field teams.

3. Play may be hard and vigorous in body contact sports but never deliberately foul or unfair. A player using deliberate violence should be removed by his/her coach before it becomes necessary for the umpire to take action.

4. Behaviour on and off the field should be modest and restrained.
   a) Bad language is not to be tolerated. (A player offending in this way should be removed by coach or umpire.)
   b) Barracking should be enthusiastic, but never belittling nor provocative, nor should it be designed to upset the opponents or encourage rough play, or over praise an individual.
   c) A team (or individual) that wins should behave modestly. A team that is defeated or an individual who makes an error, should not make a display of self-disgust.
   d) Good play should be recognised, whether by an opponent or a member of one’s own school.
e) The umpires decision must be accepted without negative response by players, coaches and spectators.

Further to these guidelines all participants, irrespective if they are players, coaches, parents or spectators are expected to adhere to the Aussie Sports ‘Codes of Behaviour’. (See Appendix)

**St John’s Grammar Sports Hot Weather Policy**

Preamble St John’s sports teams play in summer competitions organised by several different bodies. The hot weather policies of these bodies differ as follows.

**Independent Schools Sports Associations (ISSA)**
- If the forthcoming Saturday is forecast for 40C or above in Friday’s Advertiser then Saturday morning sport will be cancelled (cricket and tennis).
- If the predicted temperature in that day’s Advertiser is 35C or above then sport for that afternoon will be cancelled (Friday afternoon cricket and tennis)

**South Australian Secondary Schools Sports Association (SASSSA)**
- If the predicted temperature in that day’s Advertiser is 35C or above then sport for that afternoon will be cancelled (Girls’ sport)

**Unley Sport for Life Centre**
- If the predicted temperature in that day’s Advertiser is 36C or above then sport for that afternoon will be cancelled. (Junior School Volleyball)

**Blackwood Recreation Centre**
- There is no heat cancellation policy at the Blackwood Recreation Centre. However, if it is deemed extreme heat then the Principal, in consultation with the Head of Junior School Sport, may cancel St John’s Matches. (Junior School Basketball)

The St John’s Grammar Sports Hot Weather Policy must follow these policies. However, the duty of care for our students’ health and safety is paramount.

**St John’s Grammar Sports Hot Weather Policy**

The duty of care for our students’ health and safety is of primary importance. Consequently, the following policy will apply to St John’s Grammar sport.

If the predicted temperature in that day’s Advertiser is 35C or above then weekday sports matches and practices will be cancelled. The exception to this is indoor volleyball, which will go ahead unless the Principal, in consultation with the Head of Sport, decides that conditions are too hot.

If the forthcoming Saturday is forecast at 40C or above in Friday’s Advertiser then Saturday morning sport will be cancelled.
Coaches will be made aware of the need to follow the policy in regards to hot conditions.

Hats and sunscreen are to be worn at all times for all outdoor summer sports.